

MARCH 2025



# STEPS AHEAD

A MONTHLY NEWSLETTER

## **Editors Desk**



-P S Prasad

I am happy to release the Monthly newsletter March 2025-'STEPS AHEAD',

Firstly would like to thank the entire FT team especially Dr Sunder for giving me the opportunity to take up the editorial for the monthly News letter.

In this edition have tried to give a new look to this news letter with some new sections like donors testimonials and human story .

Please do write to us @ trustee@freedomtrustchennai.org for any feedback and suggestions or to add any other sections that would benefit all of us .Happy Reading

## **Founders Desk**

I am thrilled to share with you that we successfully conducted several camps last year, surpassing our own records, and we're now gearing up for the new financial year with renewed vigor!

To kick-start the year, our core member Sudarshan is organizing a massive camp in Kadapa, where we'll be providing artificial limbs to nearly 220 individuals, empowering them to walk again. This month, we also have camps lined up by our dynamic Mrs. Usha Bharadwaj in Tirunelveli, Vandi Periyar, and other locations.



**Dr Sunder**Founder Trustee

We extend our heartfelt gratitude to our benevolent sponsors for this month- Vara LLP, Sanmina, Xylem and Caterpillar. who have stood by us all these years. Your unwavering support has enabled us to make a meaningful difference in the lives of those in need.

I'm also excited to announce that our newsletter, "Steps Ahead," which was conceived by our trustee Mr. Sankaran is getting inputs from our SOFT member Mr. Prasad, who has recently joined our trust. Mr. Prasad will bring his expertise and insights to this publication,

Thank you for your continued support, and we look forward to sharing our progress with you in the months to come!

### **Activities of the Month**

Cavin Care P Ltd - Walk India - Distribution- Tanjore





The month opened with its first camp in Tanjavur on 1 March 2025 .Local Partner Mr Selvam organised the same with the Support of the following members Mrs Usha Bharadwaj, Mr Sankaran Annasamy from our Trust and , Mr. Sai Venkatraman - National Sales Head, Mrs. RV Geetha- Executive Assistant Manager, Mrs. Shalini - Finance Head from Cavin Care Pvt Ltd .96 Beneficiaries and 122 appliances were distributed







Access Health Care & Vara- Walk India - Assessment - Rayachoti

Our strong and committed Local partner New Collectorate, Kadapa YSR District conducted this camp on **4 & 5 March 25** 

The assessment camp was conducted in **Rayachoti**, Andhra .Rayachoti is known for its thousand-year old temple dedicated to Lord Sri Veerabhadra Swamy (also called Dakshina Kaasi). The temple is located on the banks of Mandavya river. This temple is unique in that Daksha Prajapati appears to be in the worshipping form of the Lord Veerabhadra Swamy.

The camp was coordinated and executed by Mr Elavendhan from Vara, Mr Sudharshan and ,Mr Jagan Field Officer Freedom Trust. This assessment camp benefitted 140 beneficiaries with 193 appliances



Access health care & Vara- Walk India - Assessment- Kadapa





Our next camp was again with the support of Local New Collectorate, Kadapa YSR District This was conducted on **6 & 7 March 25** @ **Kadapa** immediately after the Rayachoti camp

The ancient village of Kadapa with its large tank and temple of Lord Venkateswara at Devuni Kadapa was a convenient camping place for the myriads of pilgrims travelling to the holy shrine of Tirupati.

The city is nicknamed Gadapa (which means 'Threshold') because it is the gateway from the west to the sacred hills of Tirumala, which is known for its connections to Venkateswara Swamy.

The camp was coordinated and executed by Mr Elavendhan from Vara, Mr Sudharshan and ,Mr Jagan Field Officer Freedom Trust. This assessment camp benefitted 219 beneficiaries with 332 appliances





We have had continuous support from our Donor Lennox India .This camp was conducted @ Vandiperiyar with the support of our local partner **Asha foundation india Trust.** The camp was on **15 March 25** 

This assessment camp benefitted **91** beneficiaries with **107** appliances





The team that assisted the camp consisted of Dr Balamurali, Dr Sunder, Mrs Usha Bharadwaj and Abhilash M from Freedom trust.

The team also had a chance to taste the scenic hilly country side known as a spice village in Idukki district, Kerala. It is known for tourism, tea and coffee plantations, black pepper and other spice products.

#### Sanmina - SCI India Private Limited-GVP/ Distribution- Kalaiyarkovil & Madurai





Two camps were conducted on the same day ie **21 March 25**. One in Kalaiyar Koil and the other in Madurai. Kudos to our Mrs Usha Bharadwaj for handling with ease the hectic schedule and two large camps on the same day

**Kalayarkovil** had **139 beneficiaries and 209 appliances** .This camp was supported by Yesuvanam St Gunela anbagam, Adult Mr Home & Mrs Subbaja as our local partner

Madurai had 59 beneficiaries and 88 appliances This camp was supported by St Joseph Residential Special School, Soosai Thotam as our local partner



Lennox india Technology centre Pvt Ltd Chennai - GVP/ Assessment - Elapara Kerala



Elappara is a town in Idukki district in the state of Kerala. in Peerumedu taluk. At about 1,000 m above sea level. Elappara is famous for its vast tea plantations.

The camp was conducted on **22 March 25** with the support of the local partner **Asha foundation india Trust.** 

Mrs. Usha Bharadwaj and DR Sunder founder and managing trustee from Freedom trust organising this camp successfully . It benefitted 54 beneficiaries and 77 appliances were distributed .

Our Local partner supported us end to end in the organsising and execution of the camp









The Last camp for the financial year was conducted at the sprawling campus of Mohan Gardens @ Korattur (24 Mar 25). The hosts and local partner Namo God Charitable trust were very hospitable and provided all good facilities for the team as well as the beneficiaries and donors

This camp was successfully conducted benefitting **39 beneficiaries with 49 appliances** being distributed

The Donors for this camp were SL Lumax an auto anciliary unit in Chennai .The entire HR and Sustainability team were present on this day for the event .

Dr Sunder Founder & Managing Trustee, Mr Sudharshan, Jagan and Prasad from FT and Ms Malathi and team from SL Lumaxand Kishore from Namo God Trust were present



# **Upcoming Activities**



#### WALK INDIA DISTRIBUTION

At Kadapa, AP

Donor- Access Health care & Vara

Fixed



WALK INDIA ASSESSMENT

At Kadapa, AP

**Donor- Access Health care & Vara** Fixed



**GVP/ASST** 

At Tiruvallur

**Donor- CaterPillar** 

Fixed



**GVP / ASST** 

At Tambaram

**Donor- Sanmina** 

Fixed



**GVP / ASST** 

At Tirunelveli

**Donor-Sanmina** 

Fixed



WALK INDIA ASSESSMENT

**At Mysore** 

Donor- **Sanmar & XYLEM** (Tentative)



**GVP DISTRIBUTION** 

At Korattur Chennai

Donor - **Lumax** (Fixed)



**GVP - DISTRIBUTION** 

**At Vandiperiyar**Donor - **Lennox**(Fixed)

#### **Quote for the Month**

"I'm officially disabled, but I'm truly enabled because of my lack of limbs. My unique challenges have opened up unique opportunities to reach so many in need." –Nick Vujicic

### From the Donors Desk



Malathi.R SL Lumax General manager ( HR )

We sincerely thank Freedom Trust for successfully organising this event .We believe that the artificial limbs, wheel chairs and mobility aids will greatly help the beneficiaries in regaining their confidence and mobility .It was a a privilege for SL Lumax to contribute for this project under our CSR program. We remain committed to supporting the society and strengthening the social pillar through our continued collaboration with Freedom Trust .

# **Human Story**

At our Recent Assessment Camp Rayachoti **ERAMMA** age 47 years

Thummachattlapalle Annamaya district In 2015 was admitted in Gosha hospital in Madanapalle..for severe pain & high fever .etc She was administered an injection which led to blackening of both her legs and both her hands..

Two months on and her condition deteriorated .She was rushed to the same hospital After getting admitted..She was told that both her legs & the Right hand has to be Amputated immediately if her life had to be saved...

@ our camp in Rayachoti on 4th March she was assessed and Measurements taken..
On 7th May \*\*



She will get her Artificial limbs at our Trial fitment & Distribution Camp @ Rayachoti on 7th May



Eramma



# Let's Work Together

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